



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAY POOL SCHEDULE

DANVILLE FAMILY YMCA

Pool Schedule
May 2017

Schedule Begins
05/01/17 and is
subject to change.

Multiple activities
are often scheduled
in the pool at the
same time.

Speed
Please try to choose
a lane with swimmers
that most nearly
match your speed.

Lap Swim is First-
Come/First-Served
but lap swimmers
should be aware of
walkers and walkers
should walk the
length of the pool
to best utilize the
pool space when
the pool is full.

Open Swim
Youth age 10 and
older may swim
unsupervised by a
parent or guardian.
Children 9 and under
must have an adult
in the water
supervising them at
all times. Children
under the age of 5
or unable to swim
and/or using any
type of approved
floatation device in
the shallow end must
have a parent within
arm's reach at all
times.

Updated: 5/03/17
jlb

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	6:30-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes
9:00-9:30 Water Mind & Body 9:30-10:30 Water in Motion 1 Lap Lanes	9:00-10:00 Water Fitness 3/2 Lap Lanes*	9:00-9:30 Water Mind & Body 9:30-10:30 Water in Motion 1 Lap Lanes	9:00-10:00 Water Fitness 3/2 Lap Lanes*	9:00-9:30 Water Mind & Body 9:30-10:30 Water in Motion 1/2 Lap Lanes*	9:00-10:00 Aqua Deep 3 Lap Lanes
10:30-5:00 Open Swim 3 Lap Lanes	10:00-5:15 Open Swim 3 Lap Lanes	10:30-5:00 Open Swim 3 Lap Lanes	10:00-4:30 Open Swim 3 Lap Lanes	10:30-6:00 Open Swim 3 Lap Lanes	10:00-2:45 Open Swim 3 Lap Lanes
2:00-3:00 Group Swim**	2:00-3:00 Group Swim**	2:00-3:00 Group Swim**	2:00-3:00 Group Swim**	2:00-3:00 Group Swim**	
5:00-6:00 Burst Fit 2 Lap Lanes	5:15-6:45 Swim Lessons 2 Lap Lanes	5:00-6:00 Burst Fit 2 Lap Lanes	4:30-6:00 Swim Lessons 2 Lap Lanes		
		6:00-6:45 Swim Lessons Teaching Pool	6:00-6:30 Swim Lessons Teaching Pool		
6:00-8:45 Open Swim 3 Lap Lanes	6:45-8:45 Open Swim 3 Lap Lanes	6:45-8:45 Open Swim 3 Lap Lanes	6:30-8:45 Open Swim 3 Lap Lanes	6:00-7:45 Open Swim 3 Lap Lanes	

*The instructor may need to close one of the lap lanes
depending on the size of the water exercise classes on Tuesday, Thursday, and Friday.

****Group Swim – Our Days Off Program offers swim time
during any days that there is a school holiday or students are off school for extended periods of time
such as Fall Break, Christmas Break, and Spring Break. There will be more children in the pool these day.**