



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pool Schedule
August 2017

AUGUST 2017 POOL SCHEDULE

Schedule Begins
07/31/17 and is
subject to change.

Multiple activities are
often scheduled in
the pool at the same
time.

Speed
Please try to choose
a lane with swimmers
that most nearly
match your speed.

Lap Swim is First-
Come/First-Served
but lap swimmers
should be aware of
walkers and walkers
should walk the
length of the pool
to best utilize the pool
space when the pool
is full, and should
move to the locker
room side of the pool
to best avoid
collisions with
swimmers.

Open Swim
Youth age 10 and
older may swim
unsupervised by a
parent or guardian.
Children 9 and under
must have an adult in
the water supervising
them at all times.
Children under the
age of 5 or unable to
swim and/or using
any type of approved
floatation device in
the shallow end must
have a parent within
arm's reach at all
times.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	5:15-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes	6:30-9:00 4 Lap Lanes 2 Walking/ Open Exercise Lanes
9:00-9:30 Water Mind & Body 9:30-10:30 Water in Motion 1 Lap Lane	9:00-10:00 Water Fitness 3/2 Lap Lanes*	9:00-9:30 Water Mind & Body 9:30-10:30 Water in Motion 1 Lap Lane	9:00-10:00 Water Fitness 3/2 Lap Lanes*	9:00-9:30 Water Mind & Body 9:30-10:30 Water in Motion 2/1 Lap Lanes*	9:00-10:00 Aqua Deep 3 Lap Lane
10:30 -2:00 Open Swim 3 Lap Lanes	10:00-2:00 Open Swim 3 Lap Lanes	10:30 -2:00 Open Swim 3 Lap Lanes	10:00-2:00 Open Swim 3 Lap Lanes	10:30 -2:00 Open Swim 3 Lap Lanes	10:00-2:45 Open Swim 3 Lap Lanes
2:00 - 3:30 Camp Swim 3 Lap Lanes	2:00 - 3:30 Camp Swim 3 Lap Lanes	2:00 - 3:30 Camp Swim 3 Lap Lanes	2:00 - 3:30 Camp Swim 3 Lap Lanes	2:00 - 3:30 Camp Swim 3 Lap Lanes	
3:30 - 5:00 Open Swim 3 Lap Lanes	3:30 - 5:15 Open Swim 3 Lap Lanes	3:30 - 5:00 Open Swim 3 Lap Lanes	3:30 - 4:30 Open Swim 3 Lap Lanes	3:30 - 7:45 Open Swim 3 Lap Lanes	
5:00-6:00 Burst Fit 3/2 Lap Lanes*		5:00-6:00 Burst Fit 3/2 Lap Lanes*			
	5:15-6:45 Swim Lessons 2 Lap Lane	6:00-6:45 Swim Lessons Teaching Pool 3 Lap Lane	4:30-6:30 Swim Lessons 2 Lap Lane		
6:00-8:45 Open Swim 3 Lap Lanes	6:45-8:45 Open Swim 3 Lap Lanes	6:45-8:45 Open Swim 3 Lap Lanes	6:30-8:45 Open Swim 3 Lap Lanes		

*The instructor may need to close one of the lap lanes depending on the size of the water exercise classes.

End of Summer Pool Schedule is for Monday, July 31-Saturday, August 19.

There will be minor changes in the pool schedule for the last few weeks of August, such as camp swim will return to open swim time. Just a reminder that Swim Team evening hours will return starting the end of September.