



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Pool Schedule  
October 2017

## OCTOBER 2017 POOL SCHEDULE

Schedule Begins  
10/02/17 and is  
subject to change.

Multiple activities are  
often scheduled in the  
pool at the same time.

**Speed**  
Please try to choose a  
lane with swimmers  
that most nearly  
match your speed.

Lap Swim is First-  
Come/First-Served but  
lap swimmers should  
be aware of walkers  
and walkers should  
walk the length of the  
pool to best utilize the  
pool space when the  
pool is full, and should  
move to the locker  
room side of the pool  
to best avoid collisions  
with swimmers.

**Open Swim**  
Youth age 10 and  
older may swim  
unsupervised by a  
parent or guardian.  
Children 9 and under  
must have an adult in  
the water supervising  
them at all times.  
Children under the age  
of 5 or unable to swim  
and/or using any type  
of approved floatation  
device in the shallow  
end must have a  
parent within arm's  
reach at all times.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:15-9:00 4 Lap Lanes	5:15-9:00 4 Lap Lanes	5:15-9:00 4 Lap Lanes	5:15-9:00 4 Lap Lanes	5:15-9:00 4 Lap Lanes	6:30-9:00 4 Lap Lanes
	2 Walking/ Open Exercise Lanes	2 Walking/ Open Exercise Lanes	2 Walking/ Open Exercise Lanes	2 Walking/ Open Exercise Lanes	2 Walking/ Open Exercise Lanes	2 Walking/ Open Exercise Lanes
	9:00-9:30 Water, Stretch & Balance	9:00-10:00 Aqua Power Hour	9:00-9:30 Water, Stretch & Balance	9:00-10:00 Aqua Power Hour	9:00-9:30 Water, Stretch & Balance	9:00-10:00 Deep H2O
	9:30-10:30 Water in Motion		9:30-10:30 Water in Motion		9:30-10:30 Water in Motion	
	1 Lap Lane	2 Lap Lanes	1 Lap Lane	2 Lap Lanes	2/1 Lap Lanes*	3/2* Lap Lanes
	10:30-5:00 Open Swim	10:00-5:15 Open Swim	10:30-5:00 Open Swim	10:00-4:30 Open Swim	10:30-7:45 Open Swim	10:00-2:45 Open Swim
	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes
	5:00-6:00 Burst Fit		5:00-6:00 Burst Fit			
	3/2 Lap Lanes*		3/2 Lap Lanes*			
		5:15-6:45 Swim Lessons	6:00-6:45 Swim Lessons	4:30-6:30 Swim Lessons		
		2 Lap Lanes (5:15-6 only)	See below	2 Lap Lanes (4:30-6 only)		
	6:00-7:00 Swim Team	6:00-7:00 Swim Team	6:00-7:00 Swim Team	6:00-7:00 Swim Team		
	0 Lap Lanes	0 Lap Lanes	0 Lap Lanes	0 Lap Lanes		
	7:00-7:45 Swim Team	7:00-7:45 Swim Team	7:00-7:45 Swim Team	7:00-7:45 Swim Team		
	1 Lap Lane	1 Lap Lane	1 Lap Lane	1 Lap Lane		
	7:45-8:45 Open Swim	7:45-8:45 Open Swim	7:45-8:45 Open Swim	7:45-8:45 Open Swim		
	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes	3 Lap Lanes		

\*The instructor may need to close lap lanes depending on the size of the water exercise classes. It will not exceed the minimum number listed.

Updated: 09/27/17  
jlb

October Pool Schedule is for Monday, October 2-Saturday, November 4.  
Just a reminder that Swim Team Friday practice hours will return starting the beginning of November, and Sunday pool hours will begin November 5.