



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA SWIM ATTIRE GUIDELINES

The Y is a place where all people of all walks of life can learn and love to swim, wearing a spectrum of colors, fabrics, and accessories. Below are pool guidelines to keep all swimmers safe and keep our pools healthy.



Bikini's



Two Piece



One Piece



Racing Suit



Full Coverage



Rash Guard Shirt



Brief



Jammers



Trunks



Disposable  
Swim Diaper



Reusable

**Swimwear must be clean and designed for pool use only:**

- The YMCA does not allow swimmers of any age to enter the pool in street clothes.
- Swimmers must bring a change of clothes specifically designed for pool use.
- Swimsuits must not be transparent.

**All swimmers must take a shower before entering the water:**

- Taking a cleansing shower before entering the pool helps to keep dirt and germs out of the water.
- Hair and skincare products such as lotions, cologne, and make-up will cause chemical imbalances in the pools and should be removed before swimming.

If you have any questions or concerns, contact our Aquatics Director at (217)442-0562 x110

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