

TEST



Everyone ages 17 and younger must take a swim test to determine swimming ability

Swim Test includes:

- Swimming 25 yards front crawl without touching the sides, lane lines, or bottom of the pool
- Climbing out without using the ladder
- Jumping into the deep end, fully submerge and recover, and tread water for one minute or tread water for 30 sec and float for 30 sec

MARK

Upon successfully completing the swim test, you will receive a green neck band which allows:



- Ages 6-17 may swim the entire pool
- Anyone under the age of 5, regardless of ability, must be within arm's reach of an adult at all times

PROTECT

If a swim test was declined or not successful, you may receive a red neck band:

Ages 17 & younger must stay in the shallow water

Swimmers can take the Yellow Band test: swim 1/2 the pool, roll over and float for 30 sec or tread water for 30 sec and recover to the wall

Swimmers under the age of 5 must stay in the teaching pool, unless being held by their adult in the main pool (not deep end), and be within arm's reach of an adult at all times

