

### **2023 YMCA Day Camp...Character Development**

Character Development is challenging people to accept and demonstrate positive values. The YMCA Mission Statement is “To put Christian Principles into practice through programs that build a healthy spirit, mind, and body for all.” Our mission comes to life through the emphasis of four character values: Caring, Honesty, Respect and Responsibility. These values provide a solid foundation for development of the child’s moral character. We have a corresponding color with each value.

- Caring (Red): to put others before yourself, to love others, to be sensitive to the well-being of others, to help others
- Honesty (Blue): to tell the truth, to act in such a way that I am worthy of trust, to have integrity, making sure my actions match my values
- Respect (Yellow): to treat others as you would have them treat you, to value the worth of every person, including yourself
- Responsibility (Green): to do what you should do, to be accountable for your behavior and obligations.

Make this a summer for your child to grow and develop strong roots in positive values. Talk at home about what your child is learning. Talk about how your entire family can demonstrate these values. Make this a growing summer. Make this a fun summer. Make this a YMCA summer for your child.

### **2023 YMCA Day Camp...Youth Development**

The Y nurtures the potential of every child and teen by supporting their unique youth development journey through holistic programming. With so many demands on today’s families and the increased focus on early brain development, families need all the support they can get to nurture their children's potential. That is why childcare and early learning programs at the Y focus on holistically nurturing child development by providing a safe and healthy place to learn foundational skills, develop healthy, trusting relationships and build self-reliance.

### **Camp Themes**

- Week 1 – Dive into Summer!
- Week 2 - In a Galaxy Far Away
- Week 3 - Five Senses Symphony
- Week 4 - Time Traveler’s Delight
- Week 5 – Road Trip USA
- Week 6 – Fun & Fitness
- Week 7 - Myths & Mysteries
- Week 8 – Super-Who-Man
- Week 9 - Color me excited!

### **Camp Dates and Times**

- Camp begins June 5th and runs nine weeks until August 4th.
- Early Care starts at 7:30 a.m.
- Camp starts at 9 a.m. – 4 p.m.
- After Care runs through 5:30 p.m. All children must be picked up by 5:30 p.m.

## **Camp Fees**

Member Weekly Rate-\$175

Non-Member Weekly Rate-\$200

We do not have a daily rate at this time due to planning and staffing for field trips.

## **What to bring to the site**

- ◆ Swimsuit/Towel
- ◆ Sunscreen
- ◆ Gym Shoes
- ◆ Weather Appropriate Clothing
- ◆ Snack
- ◆ Lock
- ◆ Water

## **What Not to bring to the site**

- ◆ Soda
- ◆ Video Games
- ◆ Pets
- ◆ Glass containers or Bottles
- ◆ Items of Value/Money
- ◆ Phones
- ◆ Personal Toys or Balls
- ◆ Tablets

Write your child's name on every personal belonging – towel, swimsuit, hats and anything else your child brings to the site. Vending machines will be off limits to the campers during camp hours and extended care hours.

## **Safety**

Please do not leave your car engine running or your child unattended in the car when picking up or dropping off your child. Smoking is prohibited in the YMCA. It is the parent/guardian's responsibility to keep the information on the registration form current and updated as needed.

## **Medication Dispensation**

It is the goal of the Danville YMCA to provide a safe and healthy atmosphere for your child while in our care.

We understand that a child may need medication while attending our programs. The following stipulations must be met by the parent for the child to receive any medication while attending a YMCA program.

1. It is understood that the parent/guardian is primarily responsible for administering medication to his/her child. In the event that the parent/guardian is unable to do so or in the event of a medical emergency, the parent/guardian authorizes the Danville Family YMCA and its employees and agents, on his/her behalf, to administer or attempt to administer to his/her child (or allow his/her child to self-administer, while under the supervision of the employees and agents of the Danville Family YMCA), lawfully prescribed medication.
2. It is understood that the parent/guardian acknowledges that it may be necessary for the administration of the medications to his/her child to be performed by an individual other than a nurse, and specifically consents to such practices.
3. The parent/guardian indemnifies and holds harmless the Danville Family YMCA and its employees and agents against any claims, except a claim based on willful and wanton conduct, arising out of the self-administration of medication by the child.

4. Asthma medication may be possessed by the child and self-administered by the child at all times. If the child is too young, the medication will be kept by the director/counselor. The asthma medication will be on the possession of the child or the counselor/director on any activities outside the YMCA building.
5. The Medication Authorization Form must be completed and signed by the child's parent(s)/guardian(s). If available, both parents are required to sign the form.
6. The Medication Authorization Form must be completed and signed by the child's physician.
7. Medication must be brought to the YMCA in the original prescription bottle with the child's name and physician's name on it.
8. The medication will be kept in a locked area.
9. Two YMCA staff members (or a Staff Member and a witness) are required to be present when administering medication.
10. YMCA staff will document dosage procedures and names of the YMCA Staff Members and/or witnesses.
11. If you wish for your child to wear sunscreen, you must send it with your child, and your child's name must be on the bottle. If the child needs assistance in applying sunscreen, two staff members must be present. These staff will be in a visible area and will avoid applying sunscreen to anybody area that would normally be covered by a swimsuit.

### **Clothing**

Children should always dress for the weather. On cold days, a light jacket or sweatshirt may be necessary since we will be going outside. On hot days, shorts and light-colored clothing are best. Tennis shoes and socks are a must every day. Children will participate in many active games and inappropriate footwear can cause injuries. Flip-flops should not be worn.

### **Swimming**

Summer Day Camp children will swim daily unless a field trip is scheduled for a particular day. Please remember to send a labeled swimsuit and towel with your child every day in case of a change of plans due to weather or other unforeseen circumstances. Send a plastic bag with your child for swim clothes and wet towels after swimming so everything else does not get wet. Do not allow your child to wear their swimsuit under their clothes unless otherwise instructed by a counselor.

Counselors will supervise in the locker room. All swimmers are required to shower before entering the pool and after swimming. Goggles and masks are the only toys allowed from home to be used in the pool. Please make sure they are labeled so that your child's will not get mixed up with another child's.

### **Lunch**

The Danville Family YMCA will participate in the Summer Food Service Program, beginning in June 2022 and ending August 2022. Free meals will be made available to all children 18 years of age and under and to persons over 18 who are enrolled in a state-approved educational program for the mentally or physically disabled. Meals are made available to all eligible participants without regard to race, color, national origin, disability, sex or age. For an accurate lunch count, all participants must register by Thursday of each week. Late registrants must bring a sack lunch on Monday.

### **Snacks**

A snack period will be provided once every day. Please send an item with your child that they can eat for snack. Please remember that there will be no refrigeration available for your child's snack

### **Accidents/Illness**

If your child is involved in a minor accident, appropriate first aid will be given immediately. An accident report will be given to the parent for each occurrence. If it is a serious injury, the parent will be notified immediately and the instructions on the registration form will be followed. If the parents or other designated persons listed on the registration form are unavailable or cannot be reached, your child will be taken to the nearest hospital for treatment.

Your child's health status will be checked informally each day. If your child shows any signs of illness, rash, high temperature, diarrhea, signs of infections, etc., the parent/guardian or authorized persons will be called and required to pick up the child within one hour.

### **Absences**

When your child is absent due to illness or other reasons, please call the YMCA before 8:30AM.

Inform the person at the courtesy counter of your child's name and camp they attend. No refunds or credits will be issued for your child's absence. Illness extending more than a week is eligible for credit with a verification note from a doctor.

Weekly fees remain the same regardless of whether or not your child attends. No refunds for suspension will be allowed.

### **Staffing**

Our goal is to recruit caring, mature, energetic staff who can be good role models for the children. All staff must complete training in such areas as Health, Safety, Creative Activities, Behavior Management, Water Safety Instruction, etc., before our program starts.

### **YMCA Basic Rules**

1. Hands and feet to yourself at all times.
2. Use inside voices – soft/quiet talking.
3. Follow directions.
4. Respect the staff. No talking back.
5. Respect other people and their belongings.
6. No name calling.
7. SMILE AND HAVE FUN!

### **General Guidelines**

- Children are not allowed to sign themselves in or out.
- A parent/guardian will pay \$1.00 per minute late fee for picking up a child after 5:30 p.m.
- Please send cold water in a water bottle with your child. Although water is available to your child throughout the day, water bottles are a great refresher during outside time. Please do not fill it with juice or pop, as those are not good for our busy activities and are not allowed in our building.
- We do our best to help each child have an enjoyable experience. In order to do this, we need to know if there is a problem so that we can correct it. Waiting until the end of the session does not

help your child, and it does not help us as we strive for a quality program. We will do periodic surveys to help facilitate this, so let us know what is good as well as what we can improve. Please do not hesitate to call the YMCA at any time with questions, or concerns, or to speak with your child's camp director when picking up the children.

#### **Other guidelines while on site**

- Children are not allowed to leave their assigned group area without permission and the accompaniment of another child or counselor.
- While outside; remember stones and sticks are not toys to be played with.
- Swearing and foul language are not tolerated. Parents will be notified.
- Firearms are prohibited on the Danville Family YMCA premises.

#### **Discipline**

Inappropriate behavior will be shared with parents so that behavior can be modified before it becomes a problem. Our goal is for Danville Family YMCA Day Camp children to learn positive behavior.

However, there are situations that can arise that require us to ask a child not to participate with us. These situations can be defined as "anytime the action of one child are deterring the YMCA from accomplishing its goals in Summer Day Camp, or puts a staff member, other child or themselves in danger."

Other alternatives may be used prior to parent conference:

- Time outs
- Written/verbal apologies to all parties affected
- Not allowing the child to go on a field trip
- Suspension or dismissal from all YMCA Programs

Every effort will be made to notify a parent ahead of time if their child will be missing field trips due to inappropriate behavior. If the situation with the child persists, parents will be notified to pick up their child within one hour. If the parent/guardian cannot be reached, the emergency contact person will be notified. There will be no refunds for a suspension. Children will be given three chances to correct their behavior before being dismissed from the program. If a child gets suspended, the child and their parent must have a meeting with the camp director or camp coordinator before being allowed back. Some behavior falls under a zero-tolerance policy (inappropriate touch, cursing, fighting, etc.) and will result in a dismissal from the program.

Discipline is designed to promote self-control, self-respect, consideration of others and socially acceptable behaviors. It is a learning process for children. We must be very certain that the child perceives a positive picture of themselves and only the actions are discussed and criticized.

#### **The following behaviors are expected from all children in the YMCA summer camp programs:**

- Hands and feet to yourself
- Use inside voices – soft/quiet talking
- Follow directions
- Respect the staff – no talking back
- Respect other people and their belongings
- No name calling

**The following behaviors are not acceptable:**

- Disrupting the program
  - Endangering the health or safety of children and staff
  - Continuous refusal to follow acceptable rules of behavior
  - Habitual use of verbal harassment, profanity, vulgarity, obscenity or racist comments
  - Theft or damage of private property
  - Leaving the site premises without permission
  - Inappropriate sexual conduct
  - Possession of any weapons
  - Possession or use of illegal substances or medication
1. The site personnel will take the steps listed below when a child displays behaviors that are not acceptable:
    - Encouraging positive behavior
    - Discussing an alternate behavior with child
    - Reassuring the child that you care about them
    - Listening to the child when he/she talks
    - Be sensitive to the child's feelings
    - Situations will be documented by the staff (type of behavior, what provoked the behavior, what did the staff do to modify the behavior)
    - A progress check will be held and discussed with the child
  2. If the problem is still not resolved, a parent conference will be held with the Camp Director.

**Notes:**

- If the child's behavior threatens the safety of themselves, other children or staff, the parent/guardian will be notified and expected to pick up the child within one hour. Permanent removal from the program may occur depending on the severity of the incident.
- Under no condition is corporal punishment to be used. Children are never ridiculed, humiliated, teased, or embarrassed. Food or snacks are never withheld or substituted as a form of discipline.
- The Camp Director reserves the right to review each situation on an individual basis and may eliminate steps when a more severe situation occurs.
- If a child has been terminated because of disciplinary problems the child may not attend any Child Care Program (i.e., Days Off, Y-Kids) for 6 months.
- There will be no refunds in the event of a suspension.

### **Parent Visits**

The YMCA has an open-door policy for all parents. Parents are invited and encouraged to visit the YMCA at any time and need not ask permission to do so but must take care not to interfere or disrupt the ongoing activities. Parents are also welcome to attend all field trips.

### **Adult Rules of Conduct:**

Any parent/guardian, authorized person, or site personnel who display any one of the following behaviors will not be allowed at the site:

- Physical abuse, shaking, grabbing, hitting, pushing, etc.
- verbal abuse
- alcoholic beverages and drugs
- smoking at the site

If YMCA staff suspect a parent/guardian of alcohol/substance abuse or view child abuse, the police will be called. The YMCA's first responsibility is the safety of the child.

### **Returned Checks**

Payment for camp is due each Friday, prior to the next week. If payment is not received by Monday morning, campers will not be allowed to stay until payment is received in full.

Any returned checks will be subject to a \$25 service charge. This is in addition to any service fee your bank or credit union may charge.

### **Refunds**

Refunds are not guaranteed. If your child cannot attend camp for a period of time paid, you may submit a request for credit along with documentation to the camp director.





**Waiver and Release Form for Summer Camp Liability Release and Parental Consent Form**

In consideration of the acceptance of my application for the above program, I hereby waive, release, and discharge any and all claims for damages for personal injury, property damages or which may hereafter occur to me as a result of participation in said event. This release is intended to discharge in advance Danville Family YMCA, its officials, employees, volunteers and agents from liability, even though that liability may arise out of perceived negligence on the part of persons mentioned above. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assignees. Parental Consent (Complete if applicant is under 18) I give consent for my child/children \_\_\_\_\_ to participate in the above activities, and I execute the above liability release on their behalf. I also understand that the Danville YMCA facility and program is not licensed or regulated by DCFS.

**Consent for Treatment**

I hereby give my consent to have the above applicant treated by emergency medical personnel, a physician, or surgeon, camp counselor, and volunteer, in case of sudden illness or injury while participating in the above activity. It is understood that the Danville Family YMCA will provide no medical insurance for such treatment, and that the cost thereof will be at my expense. I have read and understood the foregoing registration liability release and parental consent form, and agree to all of its terms and conditions.

**Waiver and Release Form for Summer Camp Photo Release Form for Minor Children**

I \_\_\_\_\_ hereby authorize the Danville Family YMCA to publish the photographs taken of me and/or the undersigned minor children, and our names, for use in the Danville Family website, social media, and for display in the facility. I release the Danville Family from any expectation of confidentiality for the undersigned minor children and myself and attest that I am the parent or legal guardian of the children listed below and that I have the authority to authorize the Danville Family YMCA to use their photographs and names.

**RECEIPT FOR PARENT HANDBOOK**

I have received and read the policies of the Danville Family YMCA Parent Handbook. I understand and agree to follow these policies. Failure to follow these policies may result in termination of the child care service.

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Child/Children's Name/s

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Parent's Signature

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Date