



Fitness Class Instructors Needed

Silver Sneakers Instructor:

Under the direction of the Fitness Coordinator and in accordance with the mission of the Danville Family YMCA, the Silver Sneakers Instructor will be responsible for the content and leadership of Silver Sneakers Classic Fitness Class in accordance with current recognized safety exercise standards.

The Silver Sneaker Instructor must have class participation experience, current CPR/AED and First Aid certifications, and Silver Sneakers Classic Certification (these will be provided by the Y upon hire). The fitness instructor should have knowledge relating to fitness programs and must have good communication and leadership skills.

Hours: Monday, Wednesday, and Friday 10:45 a.m.—12:00 p.m.

Water in Motion Instructor:

Under the direction of the Fitness Coordinator and in accordance with the mission of the Danville Family YMCA, the Water in Motion Instructor will be responsible for the content and leadership of Water in Motion Fitness Class in accordance with current recognized safety exercise standards.

The Water in Motion Instructor must have class participation experience, current CPR/AED and First Aid certifications, and Water in Motion Original Certification (these will be provided by the Y upon hire). The fitness instructor should have knowledge relating to fitness programs and must have good communication and leadership skills.

Hours: Monday, Wednesday, and Friday 9:00–10:30 a.m.

Apply at Danville Family YMCA, 1111 N. Vermilion St., Danville IL
or online at www.danvilleyymca.org/employment

